

## **Innovative Approach to Help Dynamic Women Entrepreneurs**

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*International News – Creator and Life Cultivator Cindy Silbert launches new website with an innovative approach to help women from all corners of the world find absolute fulfillment in all aspects of their lives from work, home love, body and soul.*

Bring U to Life, Inc. owner Cindy Silbert has just launched [www.bringUtolife.com](http://www.bringUtolife.com) aimed at dynamic women entrepreneurs who not only want to build successful businesses but want to be personally fulfilled as well. Silbert says, “A woman’s dream of having her own business can quickly turn to burn out and even rob her of her passion if the business is not designed as an expression of who she is or if she loses sight of her desires other than just business.”

Silbert is a big believer in journaling and says it’s the key to her own success. The first tool in the Bring U to Life System for creating the life you desire is U Create, a process that people can use to create anything they desire from the ideal job to finding their soul mate. According to Silbert, “It’s not enough to learn how to get what you want or even be coached on how to do it. People need practical tools to bring what they learn to their every day lives.” Silbert has also created an innovative approach to Life Coaching called Life Cultivation and is working with a select group of clients. Silbert says, “Life Cultivation is a “fusion of eastern Self-cultivation, western Life Coaching and other powerful methodologies. Life Cultivation offers people the best of both worlds – the inner benefits of eastern philosophy and the external benefits of western achievement. Without this integrative approach often people achieve more but are not personally fulfilled or find inner peace but still lack the materials comforts they desire – or find conflict in having both.”

Life Cultivation is centered on the belief that Absolute Fulfillment (both internal and external fulfillment) can be reached by creating your life as a full self-expression of your true self in all areas from home, work, love, body and soul. New site members to [www.bringUtolife.com](http://www.bringUtolife.com) can receive a free guide to Absolute Fulfillment.

The website officially opened its doors on December 15, 2006. Look for more tools in the Bring U to Life System through out the year including a book that will replace the journal, workshops, inspirational books, card decks and personal organization products that inspire people and keep them on task.

To learn more you can visit the new website at <http://www.BringUtoLife.com> or contact [Cindy@bringUtolife.com](mailto:Cindy@bringUtolife.com).

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