

**NEW BOOK CHAMELEON BUTTERFLY DRAGONFLY
ENHANCES THE LIVES OF WOMEN WITH THREE
“NEVER BEFORE REVEALED” DIVINE FEMININE ARCHETYPES**

A women's step-by-step guide to find true self, balance, and lasting fulfillment.

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FOR IMMEDIATE RELEASE

International News – July 23, 2008 – Author Cindy Silbert today announced the release of her new book *Chameleon Butterfly Dragonfly; A Divine Guide to Lasting Fulfillment on Amazon.com*. In the book, Silbert reveals untouched wisdom to inspire and guide women beyond their ego and intermittent happiness toward balance and lasting fulfillment.

In her book, Silbert presents her discovery of three powerful archetypes—the Chameleon, Butterfly and Dragonfly. The archetypes are symbols that harness the emergence of Divine Feminine energy making it available to women in a life enhancing experience. Each of the influential archetypes communicates with women in a different way, guiding toward balance and self discovery of innate characteristics that lead them to fully express their true self and create their destiny.

“Most women try to find balance through time management or by juggling tasks so their life becomes exactly that, “a time constrained juggling act” says Silbert. “My book guides women to go within, balance their mind, body and spirit--and activate aspects of themselves that enable them to be more productive, balanced and fulfilled than ever before.”

Silbert shares with readers her own encounter with the Divine Feminine and how her discovery of the archetypes, Chameleon, Butterfly and Dragonfly, have guided her to heal an undiagnosed nervous system disorder resulting from her own need for balance. Archetypes can help people in the self-discovery process as well as in self-expression. Archetypes have been widely used in the field of Psychology, most notably by psychiatrist Carl Jung. An archetype allows a person to gain access to aspects of them self (that would otherwise not be accessible) as they identify with characteristics of the archetype. In this way, Silbert has made the ethereal challenge of balancing the mind, body and spirit more accessible to women.

The book guides women to embody or connect with the three Divine Feminine archetypes to heal hidden wounds or remove barriers that hold women back and move their life forward in areas ruled by each respective archetype. Through a self-quiz in the

book, readers are able to pinpoint their eminent archetype, while gaining insight to unique characteristics for guidance toward self-expression, power and creating or manifesting their destinies and ways to make their mark in the world.

Divine Feminine Archetypes

The Chameleon symbolizes change and is aligned with a woman's mind. It empowers women's success in areas such as wealth, career, productivity, and self esteem. The Butterfly symbolizes transformation and is aligned with a woman's body. It empowers women's success in areas such as health, relationships, communication and physical attraction. The Dragonfly symbolizes enlightenment and is aligned with a woman's spirit. It empowers women's success in areas such as spirituality, intuition, fulfillment and purpose.

The book provides a list of famous Chameleons (such as Oprah Winfrey, Hilary Clinton and Anita Roddick), Butterflies (such as Angelina Jolie, Madonna, Audrey Hepburn) and Dragonflies (such as J.K Rowling, Byron Katie and Marianne Williamson) bringing the archetypes to life and allowing readers to identify mentors.

“There seems to be an obsession to find happiness, yet most motivational experts look to creating wealth or material success as the answer while gurus profess an egoless or non-material life as the way to find peace” says Silbert. “I believe the only way to find lasting fulfillment is to discover your true self and create a life that expresses your true desires. This book guides women through the process.”

About Cindy Silbert

Cindy Silbert is an Author, Life Coach and Creator of Life Cultivation. Silbert's gift of intuitive listening is coupled with over 25 years of experience and education in business, marketing, transformation, and coaching. Life Cultivation is a fusion of eastern and western practices and transforms your personal and/or business life through one-on-one coaching, books, workshops and online member programs. Silbert founded www.BringUtoLife.com and www.CindySilbert.com to inspire and guide women worldwide to realize full self-expression and lasting fulfillment. Silbert offers a free membership and a monthly e-guide Your Guide to Thrive to members as well as ongoing inspiration, tips and tools.

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